



Chronic Diseases Management

Guideline-based practical lectures by clinical experts

Healthcare | Global Program

This advanced-level course is designed for clinical pharmacists actively involved in patient care, aiming to deepen their clinical expertise in managing chronic diseases across diverse healthcare settings. The program emphasizes clinical decision-making, interdisciplinary coordination, and patient-centered interventions for optimized therapeutic outcomes.

It provides in-depth coverage of the pathophysiology, pharmacotherapy, clinical monitoring, and evidence-based guidelines for high-burden chronic conditions, while integrating strategies for medication reconciliation, adherence, and long-term outcome tracking. Participants will gain insights into individualized treatment adjustments, polypharmacy management, risk mitigation, and follow-up strategies, enabling them to play a pivotal role in chronic disease clinics, ambulatory care, and collaborative practice environments.

(India)

Visit Course

Enroll Now

(Global)

Enroll Directly from Website

Course Objectives

- Evaluate and optimize pharmacotherapeutic plans for major chronic diseases using current clinical guidelines.
- Monitor and interpret clinical and laboratory markers for chronic disease progression and drug efficacy/safety.
- Collaborate with multidisciplinary teams to address comorbidities, medication-related problems, and patient education.
- Identify and manage polypharmacy, drug interactions, and therapeutic duplications in chronic disease cases.
- Design patient follow-up and monitoring protocols tailored to disease-specific risks and therapy goals.

Course Structure

- The course is divided into 12 sessions, each focusing on a specific aspect of clinical management.
- Each session is 1.2 hours long and includes a mix of lectures, interactive discussions, activities like quizzes.

Curriculum

- Clinical Management of **Type 2 Diabetes Mellitus**
- **Hypertension** in Complex Patients
- **Chronic Heart Failure**
- **Chronic Kidney Disease (CKD)** and Pharmacotherapy Adjustment
- **Chronic Obstructive Pulmonary Disease (COPD)**
- Clinical Management of **Depression and Anxiety** in Chronic Illness
- **Polypharmacy and Deprescribing** in Chronic Disease
- **Obesity** and Pharmacologic Interventions

Lectures

+

Quiz

+

Assessment

Course Director



Dr. Haroon Meeran Pharm.D.

Clinical Pharmacist, 6+ years' experience,
Rela Hospital, Chennai

Through this program, we aim to provide clinical pharmacists and healthcare professionals to take a proactive role in chronic disease management. Managing chronic conditions goes beyond prescribing, it's about understanding patients' challenges, monitoring therapies, improving adherence, and collaborating with the healthcare team. We have designed this course to bridge the gap between theory and real-world practice, offering practical insights and clinical strategies that can be applied every day. Our goal is to equip learners with the knowledge, confidence, and critical thinking skills needed to deliver patient-centered care and improve long-term health outcomes.



Enrol before June 28!

Special Offer: Get 25%
off the Medical Writing
Internship when you join
this course!

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Course Features

Interactive Learning

- ➔ Live Sessions: Engage with expert instructors in real-time.
- ➔ Interactive quizzes to reinforce key concepts
- ➔ Case Studies: Analyze real-world examples of integrated practice
- ➔ Breakout group activities for collaborative problem-solving

Comprehensive Content

- ➔ In-depth coverage of common chronic conditions like diabetes, hypertension, asthma, and cardiovascular disease
- ➔ Detailed modules on pharmacotherapy, monitoring, adherence strategies, and follow-up care
- ➔ Access to recorded live sessions for continued learning

Assessment and Certification

- ➔ Module-wise knowledge checks and reviews
- ➔ Final competency-based assessment
- ➔ Certificate of Completion issued by Pharmscape
- ➔ Ideal for building credibility in chronic care management roles

Expert Instructors & Networking

- ➔ Renowned clinicians and clinical pharmacists with extensive clinical experience.
- ➔ Connect with peers and instructors through discussion forums and group activities.
- ➔ Opportunities for collaboration, referrals, and continued mentorship

Who Should Enroll?

- Pharmacists and clinical pharmacy professionals
- Medical students interested in chronic care and primary care
- Pharmacy interns and recent graduates
- Healthcare providers in ambulatory or chronic disease clinics
- Academicians and healthcare researchers

Course Duration and Delivery

Duration: 5 weeks (2-3 sessions per week)

Mode: Online Live sessions

Time Commitment: 1 hour/session + quizzes and self-study resources support

COMMENCEMENT: JULY 07

Course Fee

India: ₹ 499 (Full Course) or Single session starting @99/-

International: \$29 USD or Equivalent

Always make the payments only via the official course page for enhanced security.**

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